

## HOW TO BE SUCCESSFUL AND HAPPY IN LIFE

### Develop the Habits of Happiness

LAST WEEK WE LEARNED THE FIRST HABIT WE NEED TO DEVELOP TO BE HAPPY IS THE:

#### I. HABIT OF GRATEFULNESS.

Phil. 1:1-3, “Paul and Timothy, bondservants of Jesus Christ, to all the saints in Christ Jesus who are in Philippi, with the bishops and deacons: Grace to you and peace from God our Father and the Lord Jesus Christ. I thank my God upon every remembrance of you.” (NKJV)

#### II. THE SECOND HABIT OF HAPPINESS AND SUCCESS IS TO PRAY WITH JOY FOR THE PEOPLE IN YOUR LIFE.

Phil. 1:3-4, “I thank my God upon every remembrance of you, always in every prayer of mine making request for you all with joy.” (NKJV)

A. We need to pray with joy for the people in our lives.

B. What do we pray?

Phil. 1:9-11, “And this I pray, that your love may abound still more and more in knowledge and all discernment, that you may approve the things that are excellent, that you may be sincere and without offense till the day of Christ, being filled with the fruits of righteousness which are by Jesus Christ, to the glory and praise of God.” (NKJV)

C. Four things we should pray.

1. Pray they will grow in love
2. Pray they will make wise choices
3. Pray they will live with integrity.
4. Pray they will become more like Jesus with the fruits of His righteousness

Phil. 1:11, “Being filled with the fruits of righteousness which are by Jesus Christ, to the glory and praise of God.” (NKJV)

The third habit of happiness is:

#### III. WE MUST BELIEVE THE PEOPLE IN OUR LIVES CAN AND WILL DO BETTER.

A. We don't normally expect the best from the people around us; we expect the worst.

Phil. 1:6, “Being confident of this very thing, that He who has begun a good work in you will complete it until the day of Jesus Christ;” (NKJV)

Next week we will break this down and show you three things that you can do to bring out the best in people that you have to be around which will make you happier.